Ways that ordinary people can protect the environment

- * sorting, recycling, composting household waste (glass, cardboard, plastic, toxic materials)
- * not using motor vehicles, riding bicycles, walking, taking public transport
- * switching off unnecessary lights and electrical appliances
- * using low-energy light bulbs and rechargeable batteries
- * not dropping litter (trash)in the countryside and public places
- * buying products made of recycled materials
- * not smoking
- * finishing meals and eating up left-over food
- * using biogas/sustainable fuels and not fossil fuels
- * taking showers, not baths
- * not pouring chemicals in the toilet