Present Simple vs. Present Continuous			
I (don't) smoke You (don't) smoke * He/she/it smokes He/she/it doesn't smoke	Do I smoke? Do you smoke? Does he/she/it smoke?	I'm (not) smoking You're (not) smoking He/she/it's (not) smoking	Am I smoking? Are you smoking? Is he/she/it smoking?
We (don't) smoke You (don't) smoke They (don't) smoke	Do we smoke? Do you smoke? Do they smoke?	We're (not) smoking You're (not) smoking They're (not) smoking	Are we smoking? Are you smoking? Are they smoking?
Applications for the Present Simple		Applications for the Present Continuous	
 Routines and habits Permanent situations Scientific or natural laws Used with "stative" verbs (understand, believe, love, hate) 		 Actions happening now or around now Temporary situations Changing situations Future arrangements 	
Example sentences			
 I work 5 evenings a week. I live in Stockholm. Water freezes at 0 degrees C 		 I'm sorry. She's doing her homework right now. He's staying with friends for a few days. The weather is getting colder. 	
4. I don't believe in God.		4. We're having dinner with Mr Banana on Friday night.	
Signal words			
Adverbs of frequency: Sometimes, never, usually, always, frequently, once a week, every day, twice a year, etc etc		Adverbs of present time: Now, just now, at the moment, today, this week, this year, etc etc Adverbs of future time: Soon, tomorrow, next week, on Friday night, etc etc	