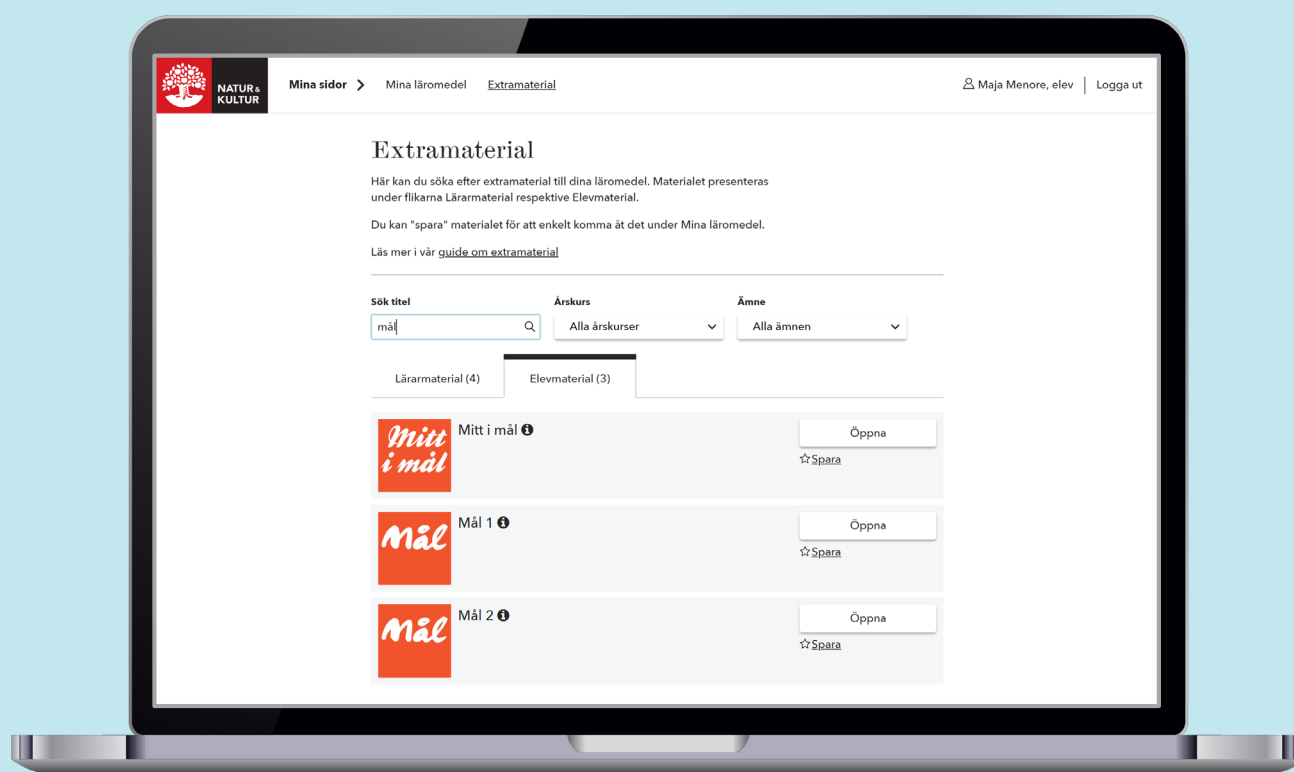


Getting started with “Extramaterial”



Student

Getting started with “Extramaterial”

To access the additional resources (Extramaterial) that complement textbooks from Natur & Kultur you have to log in to your account on “Mina sidor”. If you already have an account, go directly to **step 2: Log in**.

This is a guide for students.

Follow these steps:

	page
1. Create an account at Natur & Kultur	3
2. Log in (start here if you already have an account)	4
3. Additional resources (Extramaterial)	5

Do you have any questions? Do not hesitate to contact us at Technical Support or Customer Service. We will be happy to help you.

teknisksupport@nok.se (Technical Support)

kundservice@nok.se (Customer Service)

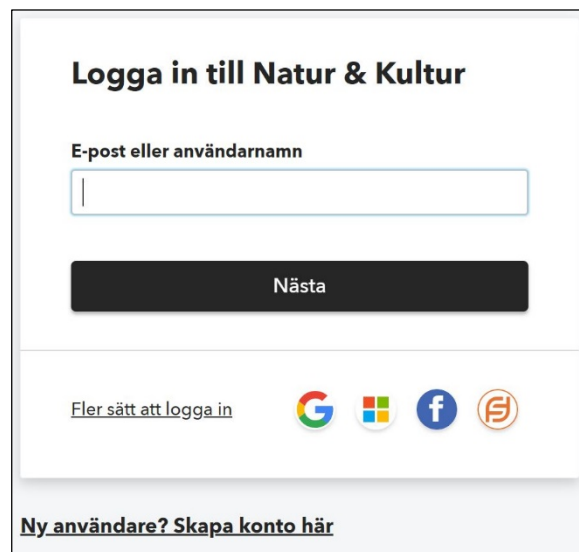
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1. Create an account at Natur & Kultur

(go directly to 2. Log in if you already have an account)

With an account on **Mina sidor** you will be able to access all additional resources, **Extramaterial**, that complement textbooks from Natur & Kultur.

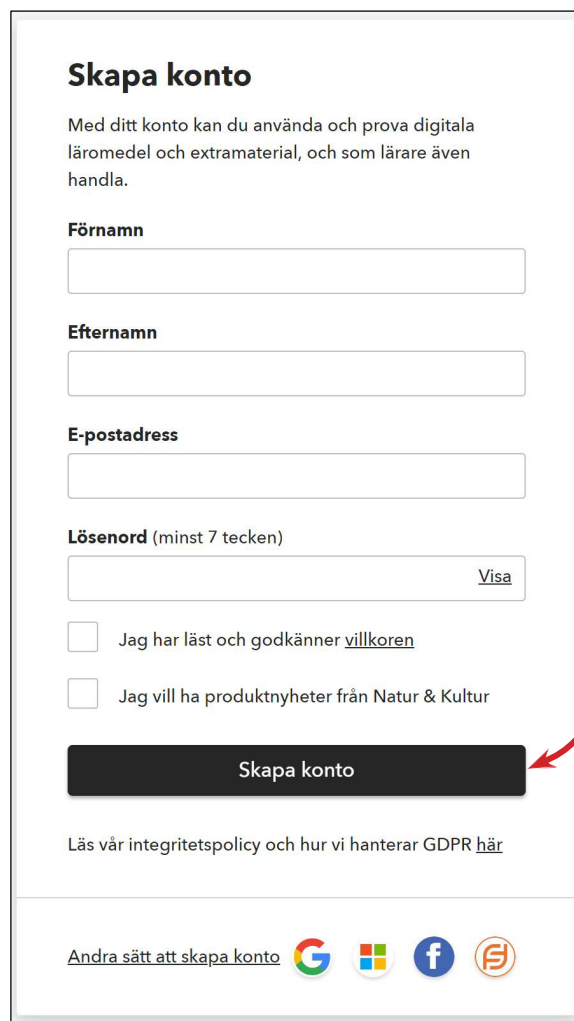
- Go to www.nok.se/login.
- Click on **Ny användare? Skapa konto här** to create an account.



- Fill in the form:
 - **Förnamn** = First name
 - **Efternamn** = Surname/Last name
 - **E-postadress** = Email address (your user name when logging in).
 - **Lösenord** = Password (min. 7 characters).
 - Click the first box to accept terms and conditions (**villkoren**).
 - Click the second box if you want to get **e-mail newsletters** (in Swedish) from Natur & Kultur.
 - Click on **Skapa konto** = Create the account.

If your **teacher wants to see your progress**, you will need to make a connection to and select the same school as your teacher has – **see next page**.

If you don't need to have a connection to your teacher, you can close the box you see on the following page (Stäng = Close), and you are now ready with your account as an **individual user**.



Är du lärare?

Anslut dig till din skola så kan du:

- använda läromaterial
- skapa elevkonton
- följa elevernas framsteg
- handla på nok.se

Du kan ansluta dig senare om du just nu bara vill prova ett läromedel.

Är du elev?

Fråga din lärare om du ska ansluta dig till skolan.

Stäng

Anslut till skola nu

Make a connection to your teacher by selecting your school (optional):

- Click on **Anslut till skola nu** = Start connection to school
- Click on **Jag är elev** = I am a student

Anslut till din skola

Jag är lärare / personal

Jag är elev

Välj din skola = Select your school

Ask your teacher which school to search for.

- Write the school's name in the search box
Sök skolans namn, gata eller postnummer.
- When you find the right school, click on it and then click on **Lägg till mig** = Connect me to this school.

< Tillbaka

Välj din skola

Sök skola

Sök skolans namn, gata eller postnummer

Lägg till mig

Note! You can also connect to a school when you are logged in to your individual user account. Just click on your name in the menu and further down on the page you can click on "Anslut till skola" and follow the steps above by selecting "Jag är elev" and then selecting your school. Also, if your teacher creates/has created your account, you are automatically connected to the same school as your teacher.

2. Log in (start here if you already have an account)

- Go to www.nok.se/login.
- Fill in your **email address** (or user name) (E-post eller användarnamn) in the first field, click on **Nästa**, and fill in your **password** (lösenord) in the second field.
- Click on **Logga in**.
- If you *don't remember your password*, click on **Har du glömt ditt lösenord?** You will see your email address, and we will send an email to that email address with a link to reset your password when you click on **Återställ lösenord**.

Note! You can also log in with Google, Microsoft, Facebook or Skolfederation.

Logga in till Natur & Kultur

E-post eller användarnamn

amin.abrahamsson@skola.se

Lösenord

.....

Visa

Logga in

[Har du glömt ditt lösenord?](#)

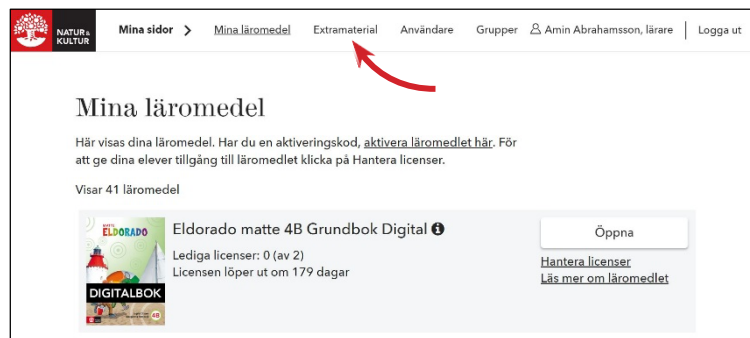
Vi har uppdaterat våra [användarvillkor](#)

Fler sätt att logga in



Mina sidor

After logging in on Mina sidor, you will arrive at your starting page, **Mina läromedel**, where you will find your digital textbooks if you have any. When clicking on **Extramaterial** in the menu you will access all additional resources.



3. Additional resources (Extramaterial)

In the menu **Extramaterial** you will find all additional resources that complement textbooks from Natur & Kultur, free of charge.

To **search** for additional resources, you can choose one or more of the following options:

- **Title** (Sök titel)
- **Grade** (Årskurs) – Select "SFI" for Swedish for immigrants
- **Subject** (Ämne)

To **open** a resource, click on the button marked **Öppna**.

To save a resource on your starting page "Mina läromedel" for **easy access**, click on **Spara** (next to the little star, below the button marked **Öppna**).

